

# The Power of Plant Proteins & Clinical Trials vs. Whey Protein

Over the past decade, rice protein has gone from being the stepchild of incomplete protein sources to the clinically tested equal of whey protein. Thanks to the recent and pending series of published 3rd-party studies comparing plant and animal proteins, it is becoming clear that plant proteins are shown to provide many of the same benefits. Here are two studies showing the power of our rice protein.

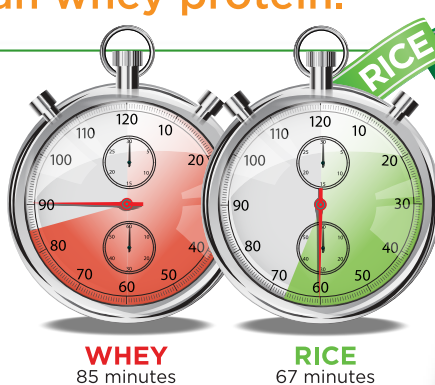
**The rice protein we manufacture builds muscle, strength, power and aids recovery**

*Published in Nutrition Journal, 2013*



**Leucine, the key amino acid for muscle building, is absorbed almost 30% faster from rice protein than whey protein.\***

*Published in Journal of Nutrition and Health Sciences, 2014*



See study details at [AxiomStudies.com](http://AxiomStudies.com)



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